

Yogacharya Dr. Ananda Balayogi Bhavanani

Designation: Director of the Centre for Yoga Therapy Education and Research (CYTER), and Professor of Yoga Therapy at the Sri Balaji Vidyapeeth, Pondicherry (www.sbv.ac.in).

Educational back ground: MBBS, ADY, DPC, DSM, PGDFH, PGDY, FIAY, MD (Alt.Med), C-IAYT, DSc (Yoga)

Professional Experience: Dr Ananda is a recognized PhD guide for Yoga Therapy and was recognized as an IAYT Certified Yoga Therapist (C-IAYT) by the International Association of Yoga Therapists, USA in 2016. It is notable that he is the first Indian to receive this honor. A recipient of the prestigious DSc (Yoga) from SVYASA Yoga University, he is a Fellow of the Indian Academy of Yoga. He is a well known author and public speaker having authored 19 DVDs and 25 books on Yoga as well as published nearly 300 papers, compilations and abstracts on Yoga and Yoga research in National and International Journals. His literary works have more than 2300 Citations, with an h-Index of 24 and an i10-Index of 45. In addition, he is a Classical Indian Vocalist, Percussionist, Music Composer and Choreographer of Indian Classical Dance. In recent years he has travelled abroad 20 times and conducted invited talks, public events, workshops and retreats and been major presenter at Yoga conferences in the UK, USA, Italy, Czech

Republic, South Africa, Germany, Switzerland, Malaysia, Canada, Australia and New Zealand. He is an Honorary Advisor to International Association of Yoga Therapists (www.iayt.org), Australasian Association of Yoga Therapists (www.yogatherapy.org.au), World Yoga Foundation (www.worldyogafoundation.in) and Gitananda Yoga Associations worldwide (www.rishiculture.in). He is currently member of numerous expert committees of the Ministry of AYUSH including its National Board for Promotion of Yoga and Naturopathy, Scientific Advisory Committee & Standing Finance Committees of CCRYN, Technical Committee of the Yoga Certification Board, Expert Committees for Celebration of International Yoga Day and the Yoga & Diabetes program. He is Consultant Resource Person for the WHO Collaborative Centre in Traditional Medicine (Yoga) at MDNIY, New Delhi. He is also EC member and Director Publications of the Indian Yoga Association (www.yogaiya.in).

Area of expertise: Dr Ananda is nationally & internationally known for his expertise in:

1. Yoga therapy consultation
2. Yoga and Yoga therapy Education and mentorship
3. Basic and Clinical research in Yoga and Yoga therapy
4. Publications on traditional and modern aspects of Yoga and Yoga therapy.